

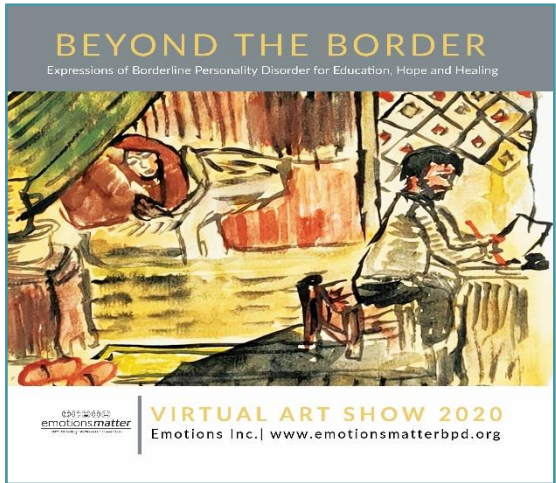
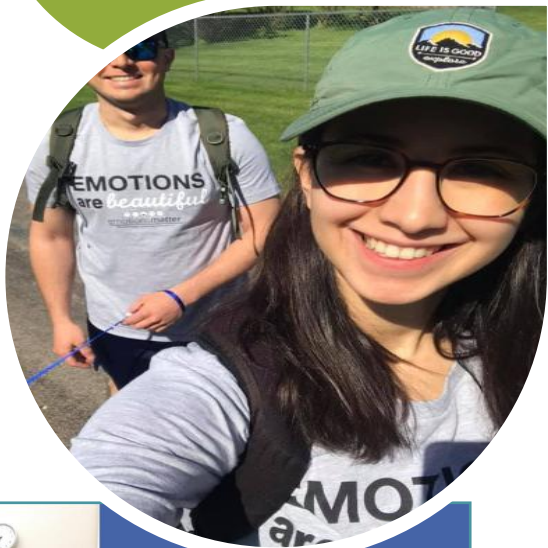


emotionsmatter

BPD advocacy • awareness • connection

# Emotions Matter Inc.

**Vision:** To create a world in which every person impacted by borderline personality disorder (BPD) has access to support, resources and education to achieve a meaningful recovery.



TESTIMONIALS FROM THE BPD CONNECTIONS PROGRAM

*"a sense of community,"  
"an inspiration,"  
"encouragement"*

PHOTO: SPEAKERS FROM RELATIONSHIPS PANEL DISCUSSION BPD CONNECTIONS MEETING FEBRUARY 2020 NEW YORK CITY

# 2020

## Annual Report

[www.emotionsmatterbpd.org](http://www.emotionsmatterbpd.org)

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## Message from Paula Tusiani-Eng, Executive Director

*“Before this workshop, I felt really isolated and alone. It reinforced that writing more about my feelings and/or other things can be helpful, and allowed for a sense of community and possibility. I appreciate the different types of Emotions Matter offerings for those of us who struggle with BPD and the devotion to expression, recovery, progress, acceptance and breaking down stigma. Thank you!”*



Dear Friends,

Your support has helped people like Mark. \* He joined one of our BPD online groups during COVID-19 because he could not access therapy, and felt overwhelmed. Our virtual programs connected him with others and helped him find resources.

The Andersons\* live in Texas, and reached out to Emotions Matter because their son was diagnosed with BPD, and they were looking for information. Your gifts allowed us to send them copies of our publications and provide encouragement during a critical time.

We were able to connect people like Nicole and Samantha.\* They have lived experience of BPD, and because of your generosity we upgraded our technological capabilities to offer more virtual volunteer opportunities. They were able to share their recovery stories through art, writing and panel presentations to serve as inspiration for others with BPD.

Emotions Matter was founded in 2015 and YOU have played a vital role in our ability to help people around the country. People often come to us as either individuals overwhelmed by BPD symptoms or as families in crisis.

**Because of YOU, we have been able to provide countless individuals with concrete resources that create a new narrative for their BPD experience -- HOPE.**

COVID-19 has increased the demand for our online programs, with technology upgrades and a dedicated group of staff and volunteers, we have been able to meet this demand.

As 2021 begins, we thank you for your support and hope you will continue to support us in this life-changing work. On behalf of our board of directors and those who attend our programs, thank you!

Best,

Paula Tusiani-Eng, LMSW, M. Div.  
Founder/Executive Director

\* Names have been changed.

# Mission & Vision

*Mission: To advocate, educate and support people impacted by borderline personality disorder.*

*Vision: To create a world in which every person impacted by borderline personality disorder has access to treatment, resources and support to achieve a meaningful recovery.*

## Programs



### Peer BPD Online Support Groups

Emotions Matter held 28 peer support groups serving 321 individuals with BPD in 2020 on SupportGroupsCentral.com.

Groups were facilitated by nine volunteers. Five new facilitators were trained on Emotions Matter’s program focusing on four recovery principles: advocacy, trust, community and purpose. Attendance and demand increased from 2019 due to the global health pandemic.



### BPD Connections & Webinars

Emotions Matter offered 10 BPD Connections programs in 2020 involving 135 attendees and 30 volunteers.

Program shifted from in person model in NYC in March to Zoom, in which peer panelists were invited to speak on a variety of recovery topics. Attendees came from around the country.

Emotions Matter also held webinars on Mindfulness, Recovery and Stigma with over 340 attendees.

**emotionsmatter** BPD Wellness Workshop  
Expressive Writing for those Impacted by Borderline Personality Disorder: Featuring Emma Eden Ramos, BA, Writer and Teacher  
Wednesday, August 26, 2020  
6:00 p.m. to 7:00 p.m.  
Zoom Virtual Meeting  
Did you know that writing has helped many individuals with BPD? Did you ever want to try writing, or write something you want to share in a supportive community? Emma Eden Ramos, Emotions Matter Board member, writer and teacher will share the role of writing in her recovery journey. She will incorporate mindfulness and a guided-quick write into the session. There will be optional opportunities to share writing, and talk about writing as a recovery tool.  
To Pre-register, [www.emotionsmatterbpd.org](http://www.emotionsmatterbpd.org).  
Program limited to 30 participants. Email [info@emotionsmatterbpd.org](mailto:info@emotionsmatterbpd.org) for more information.

### Writing & Wellness Workshops

Emotions Matter introduced workshops in 2020 to help our BPD community stay connected with COVID-19.

We held 5 writing workshops, and 2 art workshops, facilitated by peers in recovery. These workshops were attended by 40 individuals with BPD. Attendees shared expressive art and writing about the BPD experience in a supportive community.

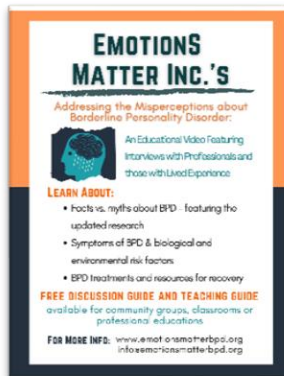


# Emotions Matter's Programs



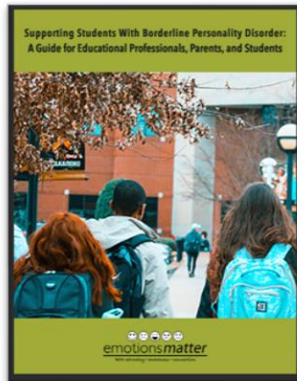
## 2020 Virtual Art Show & Book

Emotions Matter held a Virtual Art Show in 2020 involving 15 artists from around the country highlighting different aspects of the BPD experience. An Artist's Roundtable Discussion, Video and Art Book were produced from this event with over 100 people attending to improve BPD education and highlight voices of recovery.



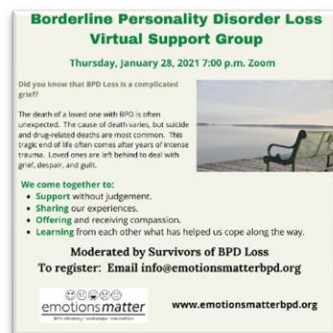
## Educational Video: The Myths and Facts about Borderline Personality Disorder

Emotions Matter released a new 20 minute educational video in 2020 correcting the Myths and Facts about Borderline Personality Disorder. We partnered with Clearview Treatment Center in Los Angeles, CA to hold three launch events in which over 300 attended. Since its release, the video has had over 2,000 views on YouTube, and will be used for professional education in 2021.



## Publication: BPD in Schools Publication

Emotions Matter launched a new publication in 2020, Supporting Students with Borderline Personality Disorder: A Guide for Educational Professionals, Parents and Students.



## BPD Loss Support Group

Emotions Matter held 12 monthly BPD Loss Support Groups in 2020 attended 37 times by those who have experience the loss of a loved one from BPD. This program involved 3 new volunteer leaders and shifted to ZOOM because of COVID-19. It aims to help those on the loss journey from BPD feel less alone and more supported.

## 2020 Program Testimonials & Impact Stories



“

I am very glad I walked into the drop-in group in NYC, struggling, nervous and a little lost, but willing. I remember being moved by the meeting and at the end saying to one of the leaders, "I'd love to get involved." Now, I am a peer leader. Emotions Matter has been a huge role in my own recovery in ways I can't express my gratitude for.

- Coral, New York ”



“ *I walked today for BPD awareness, to end the stigma and support this amazing community. For the hope that accessible care is possible because Emotions Matter.* ”

- Koralis, New York



*"Participating in the art event has been so rewarding. Being able to share my story from both the perspective of a mental health counselor & as someone with BPD was liberating. Emotions Matter has been an amazing outlet for me to feel a sense of community & to feel fulfillment through participating in mental health activism." - Lauren Marie, Artist*

# 2020 Education & Outreach Impact Stories

**"From my first conversation with Emotions Matter (when I had NO idea what BPD was), I felt more understood and supported. EM generously provided relevant reading material and assisted with resources. While the journey ahead is a long one, I am confident we are finally on the right road. Thank you, Emotions Matter for helping to light the way for us." ~ Alan (Texas)**

**“**What helped most is seeing how supportive everybody was of each other.”

I have gained more confidence to share my story. These groups are the best! **”**

-BPD Peer Support Group Members



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[WWW.EMOTIONSMATTERBPD.ORG](http://WWW.EMOTIONSMATTERBPD.ORG)

  
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"This short film is a deeply moving and richly informative introduction to both the science and emotional reality of Borderline Personality Disorder (BPD), probably the most poorly understood and under-recognized serious mental disorder. I would strongly recommend this film not only to individuals affected by BPD and their caregivers, but to the general public in order to increase awareness of this all too common illness and promote better understanding, diagnosis, and treatment of BPD."

ANDREW J. GERBER, MD,  
PHD, PRESIDENT AND  
MEDICAL DIRECTOR,  
SILVER HILL HOSPITAL

  
**emotionsmatter**  
BPD advocacy • awareness • connection

"We need to listen to the lived experience of those who struggle with BPD and the evidence of contemporary science and research and then ensure that clinicians, students, families and patients have the most up to date information. This film is an important addition to the fight against stigma and I am hopeful that it can be added to the educational material of training programs."

BLAISE AGUIRRE, MD, MEDICAL  
DIRECTOR, SEAST DBT  
CONTINUUM, MCLEAN HOSPITAL



# WEBSITE DATA: 2020

## PAGES VISITS

**21,000**

## UNIQUE VISITS

**22,000**

## PAGE VIEWS

**38,000**

## TOP GEOGRAPHIC REGIONS

UNITED STATES - 17,025  
 CANADA - 1,358  
 UNITED KINGDOM - 1,109  
 AUSTRALIA - 782  
 PHILLIPINES - 195  
 INDIA - 175

## POPULAR CONTENT

HOME PAGE - 12,458  
 WHAT IS BPD - 7,048  
 PEER SUPPORT - 1,335  
 STUDENTS BPD - 730  
 PUBLICATIONS - 2,204  
 STORE - 487  
 VIDEOS - 443

**3,260 PEOPLE**

participated in  
 Emotions Matter virtual  
 programs in 2020



## BPD SUPPORT PROGRAMS



- Online BPD Support Group Program
- Wellness Workshops
- Connections Program
- BPD Loss Support Groups

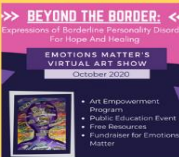


## EDUCATION & RESOURCES

- Educational Webinars
- New BPD in Schools Publication
- New Video addressing BPD Stigma
- New BPD COVID-19 and Peer Resources
- Support to individuals and families



## LEADERSHIP & EMPOWERMENT



- Volunteers & Interns
- Peer Panelists
- Peer Group Facilitators
- Virtual Walk for BPD
- Virtual Art Show

Passionate about helping others impacted by BPD?

Become an online BPD peer group facilitator!

- 6-8 HOURS FREE TRAINING PROVIDED
- SUPPORTIVE BPD RECOVERY COMMUNITY
- LEADERSHIP OPPORTUNITIES

"... an amazingly rewarding experience."  
 "... it helped me believe in my abilities beyond any label or diagnosis."



# Resources & Financial Management

## Emotions Matter Profit and Loss January - December 2020

	Total			
	Jan - Dec 2020	Jan - Dec 2019	Change	% Change
<b>Income</b>				
4000 Donation Income			0.00	
4010 B Corp	1,471.25	8,975.67	-7,504.42	-83.61%
4020 Board Dues		50.00	-50.00	-100.00%
4030 Corporate Donations	6,837.50	9,125.00	-2,287.50	-25.07%
4040 Foundation Donations	26,275.00	20,000.00	6,275.00	31.38%
4045 Donor Advised Fund	5,000.00	3,250.00	1,750.00	53.85%
4050 In-Kind Donations			0.00	
4060 Individual Donations	70,479.71	46,220.11	24,259.60	52.49%
4095 Workshop Fees		600.00	-600.00	-100.00%
<b>Total 4000 Donation Income</b>	<b>\$ 110,063.46</b>	<b>\$ 88,220.78</b>	<b>\$ 21,842.68</b>	<b>24.76%</b>
4100 Sales of Product Income	661.64	232.73	428.91	184.30%
4110 In Kind Donation Income			0.00	
4080 Shopify Sales (deleted)		84.70	-84.70	-100.00%
<b>Total 4110 In Kind Donation Income</b>	<b>\$ 0.00</b>	<b>\$ 84.70</b>	<b>-\$ 84.70</b>	<b>-100.00%</b>
<b>Total Income</b>	<b>\$ 110,725.10</b>	<b>\$ 88,538.21</b>	<b>\$ 22,186.89</b>	<b>25.06%</b>
<b>Cost of Goods Sold</b>				
5100 Transaction Fees			0.00	
5110 Square Fees	77.96	92.91	-14.95	-16.09%
5120 Stripe Fees	11.30	1,155.66	-1,144.36	-99.02%
5130 CauseVox Fees		1,638.40	-1,638.40	-100.00%
5140 QGiv Fees	2,063.61	101.22	1,962.39	1938.74%
<b>Total 5100 Transaction Fees</b>	<b>\$ 2,152.87</b>	<b>\$ 2,988.19</b>	<b>\$ 835.32</b>	<b>-27.95%</b>
<b>Total Cost of Goods Sold</b>	<b>\$ 2,152.87</b>	<b>\$ 2,988.19</b>	<b>\$ 835.32</b>	<b>-27.95%</b>
<b>Gross Profit</b>	<b>\$ 108,572.23</b>	<b>\$ 85,550.02</b>	<b>\$ 23,022.21</b>	<b>26.91%</b>
<b>Expenses</b>				
6000 Advertising/Promotional	1,577.73	1,228.00	349.73	28.48%
6020 Give-a-ways	1,939.00	506.72	1,432.28	282.66%
6030 Photography/Video	1,600.00	7,236.38	-5,636.38	-77.89%
6040 Shirts		2,734.16	-2,734.16	-100.00%
<b>Total 6000 Advertising/Promotional</b>	<b>\$ 5,116.73</b>	<b>\$ 11,705.26</b>	<b>\$ 6,588.53</b>	<b>-56.29%</b>
6100 Bank Charges & Fees	6.00	52.55	-46.55	-88.58%
6110 Cash on Hand		0.00	0.00	

6150 Charitable Gifts	50.00	500.00	-450.00	-90.00%
6200 Computer/Internet Expense	2,000.14	101.00	1,899.14	1880.34%
6210 Accounting Subscription		212.90	-212.90	-100.00%
6220 Donor Database	548.00	468.00	80.00	17.09%
6230 Email Service	834.16	591.45	242.71	41.04%
6235 Fundraising Platform	657.00		657.00	
6240 Online Store	506.46	413.12	93.34	22.59%
6250 Web Meeting Subscription	3,138.94	2,090.24	1,048.70	50.17%
6260 Web Site Expense	307.17	332.17	-25.00	-7.53%
6265 IT Cloud Backup Software	434.34		434.34	
	\$	\$	\$	
<b>Total 6200 Computer/Internet Expense</b>	<b>8,426.21</b>	<b>4,208.88</b>	<b>4,217.33</b>	<b>100.20%</b>
6270 Conference Registration Fees	699.00	1,526.18	-827.18	-54.20%
6300 Contractors	500.00	225.00	275.00	122.22%
6310 Dues & subscriptions	1,628.68	153.23	1,475.45	962.90%
6350 Insurance	705.26		705.26	
6360 General Business Insurance	3,713.00	4,419.26	-706.26	-15.98%
	\$	\$	\$	
<b>Total 6350 Insurance</b>	<b>4,418.26</b>	<b>4,419.26</b>	<b>-\$ 1.00</b>	<b>-0.02%</b>
6450 Legal & Professional Services		30.00	-30.00	-100.00%
6460 Accountant Fees	915.00	800.00	115.00	14.38%
6470 Attorney Fees	547.50	656.00	-108.50	-16.54%
6490 Nonprofit Advisor Fees	1,800.00		1,800.00	
	\$	\$	\$	
<b>Total 6450 Legal &amp; Professional Services</b>	<b>3,262.50</b>	<b>1,486.00</b>	<b>1,776.50</b>	<b>119.55%</b>
6500 Meals & Entertainment		712.15	-712.15	-100.00%
6505 Board Events		1,290.17	-1,290.17	-100.00%
6510 Fundraising with Donors		456.35	-456.35	-100.00%
	\$	\$	\$	
<b>Total 6500 Meals &amp; Entertainment</b>	<b>\$ 0.00</b>	<b>2,458.67</b>	<b>2,458.67</b>	<b>-100.00%</b>
6530 Moving	48.37		48.37	
6540 Office Supplies	1,355.42	1,851.21	-495.79	-26.78%
6580 Postal Expense	1,986.14	1,244.02	742.12	59.65%
6590 Printing Expense		3,240.50	-3,240.50	-100.00%
6600 Program Supplies		567.53	-567.53	-100.00%
6605 Food for Events & Programs		1,057.38	-1,057.38	-100.00%
6610 Paper Goods for Events & Programs		60.00	-60.00	-100.00%
6620 Purchases	459.06	99.49	359.57	361.41%
	\$	\$	\$	
<b>Total 6600 Program Supplies</b>	<b>459.06</b>	<b>1,784.40</b>	<b>1,325.34</b>	<b>-74.27%</b>
6630 Refreshments and Supplies		36.86	-36.86	-100.00%
6650 Rent & Lease	2,810.67	425.00	2,385.67	561.33%
6660 Phone Line & WiFi	933.11		933.11	
6665 Cleaning	251.33		251.33	
6670 Operations	33.50		33.50	
	\$	\$	\$	
<b>Total 6650 Rent &amp; Lease</b>	<b>4,028.61</b>	<b>425.00</b>	<b>3,603.61</b>	<b>847.91%</b>
6700 Staffing			0.00	
6710 Bookkeeping Support	1,080.50		1,080.50	

6720 Clerical Support	0.00		0.00	
6730 Office Support	10,904.75	7,709.49	3,195.26	41.45%
6740 Executive Director	10,000.00	5,000.00	5,000.00	100.00%
6750 Peer Admin Support	2,149.05		2,149.05	
6760 Program Outreach Support	2,862.50		2,862.50	
6770 Social Media Help	0.00		0.00	
6780 Staffing Gifts	825.00		825.00	
<b>Total 6700 Staffing</b>	<b>\$ 27,821.80</b>	<b>\$ 12,709.49</b>	<b>\$ 15,112.31</b>	<b>118.91%</b>
6795 Staff Development	25.00	20.00	5.00	25.00%
6800 Taxes & Licenses	75.00	65.00	10.00	15.38%
6810 Sales Taxes	49.98		49.98	
<b>Total 6800 Taxes &amp; Licenses</b>	<b>\$ 124.98</b>	<b>\$ 65.00</b>	<b>\$ 59.98</b>	<b>92.28%</b>
6900 Travel			0.00	
6910 Lodging		300.00	-300.00	-100.00%
6930 Parking		301.00	-301.00	-100.00%
6940 Transportation	219.96	1,591.79	-1,371.83	-86.18%
<b>Total 6900 Travel</b>	<b>\$ 219.96</b>	<b>\$ 2,192.79</b>	<b>-\$ 1,972.83</b>	<b>-89.97%</b>
7100 Unapplied Cash Bill Payment Expense		0.00	0.00	
<b>Total Expenses</b>	<b>\$ 60,176.72</b>	<b>\$ 50,304.30</b>	<b>\$ 9,872.42</b>	<b>19.63%</b>
<b>Net Operating Income</b>	<b>\$ 48,395.51</b>	<b>\$ 35,245.72</b>	<b>\$ 13,149.79</b>	<b>37.31%</b>
<b>Net Income</b>	<b>\$ 48,395.51</b>	<b>\$ 35,245.72</b>	<b>\$ 13,149.79</b>	<b>37.31%</b>

## Emotions Matter – Balance Sheet Summary (as of December 31, 2020)

As of Dec 31, 2020				
ASSETS		As of Dec 31, 2019	Change	%
				Change
<b>Current Assets</b>				
Bank Accounts	127,958.67			
<b>Total Current Assets</b>	<b>\$ 127,958.67</b>	79,563.16	48,395.51	60.83%
<b>TOTAL ASSETS</b>	<b>\$ 127,958.67</b>	<b>\$ 79,563.16</b>	<b>\$ 48,395.51</b>	<b>60.83%</b>
<b>LIABILITIES AND EQUITY</b>		<b>\$ 79,563.16</b>	<b>\$ 48,395.51</b>	<b>60.83%</b>
<b>Liabilities</b>				
<b>Current Liabilities</b>				
Accounts Payable	0.00			
<b>Total Current Liabilities</b>	<b>\$ 0.00</b>	0.00	0.00	
<b>Total Liabilities</b>	<b>\$ 0.00</b>	<b>\$ 0.00</b>	<b>\$ 0.00</b>	
<b>Equity</b>	127,958.67	<b>\$ 0.00</b>	<b>\$ 0.00</b>	
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$ 127,958.67</b>	79,563.16	48,395.51	60.83%




# Looking Forward: 2020-2022 Strategic Plan

In 2020, Emotions Matter was selected as 1 of 25 recipients of the Substance Abuse and Mental Health Services Administration (SAMHSA)'s Technical Assistance Grant.

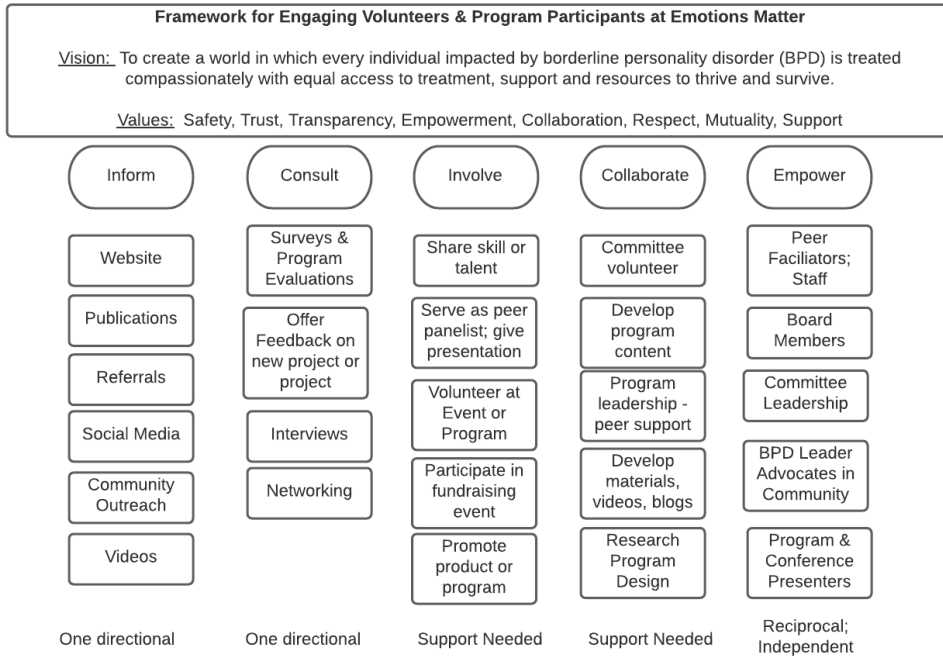
With government support, we completed our **2020-2022 Strategic Plan** which outlines the following four strategic priorities:

- 1) **Financial Sustainability** – Seek Funding to support growth and long-term stability.
- 2) **Expand Peer Programs & Educational workshops** for the public and professionals.
- 3) **Update communications** via website, social media and virtual platforms.
- 4) **Expand Workforce Development** to strengthen volunteer base and paid staff.

## 2021 Emotions Matter Board of Directors

Paula Tusiani-Eng, LMSW, M.Div. (NY), President/Executive Director	
Melissa Ferdinando, (NJ), First Vice-President, Programs/Volunteers	
Sara Rosenberg, (NY), Second Vice-President, Programs/Operations	
Dan Hofert, JD (IL), Compliance Officer	
Lauren Nauser, (NY), Treasurer	
Catherine Dishner (CT), Secretary	
Michael Blankman, (NY)	
Gwendolyn Brown, (MI)	
Yujung Choi, MSc (NC)	
Diana Diamond, PhD (NY)	
Sarah Fineberg, MD, PhD (CT)	
Rosa Nouvini, MD (NY), Co-Founder	
Jillian Papa, MPH (IL)	
Maria Solomon, LCSW (NY)	

# Volunteer Engagement Framework



## Emotions Matter Organizational Structure 2021

Executive Board:  
 Exec. Director/President, VP Events/Volunteers, VP Operations, Treasurer, Compliance Officer, Secretary

Role: Oversee Operations of Emotions Matter and to oversee Administrative Functions/Financing. Workforce Development

Education Committee

Advise on Clinical Matters related to Programs  
 BPD Education  
 BPD Advocacy  
 Community  
 Partnerships/Networking  
 Conferences  
 Program Evaluation

Peer Leadership/Program Development Committee

Peer Review/Input Committee  
 Program Evaluation Committee  
 Peer Online Facilitators Committee  
 Social Connections Committee  
 BPD Loss Committee  
 Facebook Group

Fundraising/Development/Finance Committee

Grants/Foundations  
 Individual Fundraising  
 Fundraising Events  
 Corporate Sponsorships/Gifts  
 Revenue Streams from Services Offered/Products

Communications Committee

Website  
 Social Media  
 Newsletters  
 Outreach  
 Blog, Podcasts, Press/Media

## Thank you to All of our 2020 Volunteers!

**In 2020, over 75 volunteers donated 690 hours to run our programs throughout the pandemic. We are so grateful for this amazing community of dedicated individuals!**

Allison Ferdinando Melissa Ferdinando Hannah Fox, Jean Fox, Kirsten Gindrick-Lyons Greta Greenleaf, Daniel Hofert, Esq., Beth Karcher, Kali Pezzi, Rivka Lubin, Carlene MacMillan, Tabetha Martin, Deborah Chillemi, Lauren Nauser, Kellyann Navarre, Rosa Nouvini, Roya Nouvini, Briyah Paley, Jillian Papa, Emma Ramos, Laura Richardson Phd, Sara Rosenberg, Maria Solomon, LCSW, Chelsea Spearman, Keith Stanley, Dawn Timony, Bea Tusiani, Paula Tusiani-Eng, Roger Tusiani-Eng, Amanda Wang, Frank Yeomans, MD, Sara Masland, PhD, James Mallinson, Angelica Dimson, Kenneth McIntosh, Brittany Ferri, Courtney Walsh, Hannah Fox, Amanda Blachorsky, Penelope Dane, Rachel Hay, Coral Lopez, Haley Amering, John Beerman, Rebecca Potash, Meaghan Minogue, Ian Rackson, Simmi Mangat, Camilla Lee, Sarah Fineberg, MD, Yujung Choi, MPH, Annie Bao, Joe Ferrara, Mira Callahan, Roopa Grey, Sandy Glover, Leeza Lakhter, Cathy Dishner, Ellen Mattesi, Jill Roy, Mary Flaherty, Jodi Harwood, Savannah Jarboe, Amanda Smith, Yael Baron, Ivanna Bond, Terri DeMontrond, Scott Mehlman, Naamah Paley, Kimberly Rolfs, Jessie Shepherd, Lynn Swanbeck, Barbara Walker, Susan Parson, Haytham Saqr, and so many more!

## Thank You to our Foundations & Sponsors

Appleby Foundation, Westchester Community Foundation,  
Nelco Foundation, New York-Presbyterian Hospital,  
Karen Lerner Family Foundation, Tisbest Philanthropy,  
The Francesco and Mary Giambelli Foundation, Inc.  
McLean Hospital, New England Personality Disorder Association



## Thank You to our In-Kind Donors,

## & Community Partners:

Visibly Present Imagery, Costco, Probono Partnership, Esimar Tech LLC, National Education Alliance for Borderline Personality Disorder (NEA-BPD), The Clearview Treatment Center.

**Join us & Get involved!** [www.emotionsmatterbpd.org](http://www.emotionsmatterbpd.org)



# 2020


## Annual Report

### BEYOND THE BORDER

Expressions of Borderline Personality Disorder for Education, Hope and Healing



**VIRTUAL ART SHOW 2020**  
Emotions Inc. | [www.emotionsmatterbpd.org](http://www.emotionsmatterbpd.org)

  
emotionsmatter

**Connect with Us!**

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